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The spatial distribution of pertussis, but not measles or smallpox, in pre-industrial Finland matches dialects.

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Question

Are dialect groups a **relevant proxy** to **regionally** structure epidemics from infectious diseases?

Hypothesis



ADMINISTRATIVE REGIONS

- Commonly used
- Not ecologically relevant



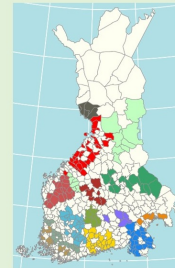
DIALECT GROUPS

- Never tested
- Ecologically relevant

Methods

- Church records
- Finland
- 1800-1850
- 215 parishes
- 3 diseases
- Compare fit of models with different regional proxies (none, regions, dialects)

8 administrative regions



14 dialects

Best regional proxy?

Results

Smallpox



Pertussis



Measles



TITLE PAGE

Title: The spatial distribution of pertussis, but not measles or smallpox, in pre-industrial Finland matches dialects.

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SUMMARY

Infections spreading from host-to-host are a burden of social lifestyle mostly documented at the local scale (within groups). The influence of social structure at a broader scale (e.g., between groups or regions) on infectious disease dynamics is less understood partly due to the difficulty to identify the relevant social groups at this scale. Dialect groups encompass long-held human contacts and could indicate social groups relevant to infections. Using nationwide individual-level mortality records from pre-industrial Finland (1800–1850), we investigated which social grouping best predicted spatial variation in smallpox, pertussis and measles mortality by comparing models with no regional information, administrative regions and dialect groups. Dialect groups explained spatial variation of pertussis, administrative regions for smallpox, while measles showed no broader scale spatial variation. These results highlight the complex spatial structuring of infectious diseases and stress the need for studies to identify the relevant social structure.

INTRODUCTION

Infections spreading from host to host are one of the main costs of sociality¹⁻⁵. The size and structure of the social organisation (e.g., the existence of social hierarchy), as well as more detailed metrics of the social network (e.g., number of social partners, frequency of interactions), have been linked to disease incidence and dynamics both theoretically and empirically⁶⁻¹¹. The importance of local social structure in disease distribution has also been documented in humans: the dynamics of directly transmitted pathogens were for instance found to be affected by the existence of socially connected groups in municipalities, such as schools¹²⁻¹⁴, and households and villages¹⁵.

However, the impact of social organisation on disease dynamics extends beyond this local scale and can influence spatial patterns of diseases at a broader regional scale^{3,16,17}. For instance, social species show variation in anti-parasite strategies^{18,19} and in immune defences²⁰ between populations. Similarly to non-human species, the epidemiological consequences of human social structure at the regional scale remain not well understood. One limitation stems from the difficulty of identifying the relevant regional population structure as it requires detailed information on regional variation between groups (e.g., on group characteristics, contacts between groups, people's movements)^{8,21-25}. Due to its easy availability, infectious disease studies in humans often use administrative units such as counties, regions, states or countries to control for regional variation^{e.g., 26,27} even if administrative borders are, to a large extent, the outcomes of political or historical events²⁸. However, several studies show that biological processes do not align with regional borders, for instance in the case of genetic clustering of the British population²⁹, the distribution of plague patterns and its consequences on land use in middle ages³⁰ or regarding the ecological niche of the lumpy skin disease virus in the middle-east countries³¹. Therefore, although the consequences of using administrative regions to model epidemiological processes and its potential mismatch with population characteristics have not been assessed, it is likely that administrative regions may only

partially represent shared characteristics of the population, and thereby not well predict the geographic scale of outbreaks or the interventions required to contain them^{32–34}.

Dialects, which are partly formed as a consequence of long-held social contacts, could be an informative way to identify regional variation in human populations. Here, we define dialects as mutually intelligible, regional variants of a language that arose from spatial segregation of speaker populations followed by linguistic divergence³⁵. The spatial segregation of dialects may be a result of various social processes and geographical distance^{e.g., 35,36} and may reflect regional-level differences in social contacts³⁷, and in cultural or in environmental characteristics³⁸. Therefore, regional differences in language (i.e., dialects) could be a good variable to characterize regional variation in infectious disease dynamics. However, studies investigating this hypothesis are currently lacking.

In this study, we tested whether regional variation in the Finnish language can explain regional variation in the mortality from three childhood infections (smallpox, pertussis, and measles) in pre-industrial Finland. These three childhood infections are directly transmitted from person to person (through direct contact or airborne droplets)³⁹ and were leading causes of childhood mortality at that time¹⁵. This population is suited for this study for several reasons: (1) Finland has excellent church records, which document individual-level deaths and their causes across Finland since 1749, thereby enabling the comparison of different types of geographical clustering of mortality risk across the whole population; (2) mortality from smallpox, pertussis and measles are well-documented in this population^{40,40,41} and studies have shown that geographical distance and demographic factors explain spatial variation in childhood infections at a local scale¹⁵; (3) linguistic variation of Finnish has been extensively studied reviewed⁴² and quantitative dialectometric studies have documented robust dialect groups^{38,43}, thereby allowing the use of these groups in this study.

We investigated whether dialect groups could explain regional variation in mortality by comparing the fit of models using different variables to cluster social groups. Specifically, we compared the fit of three models: (1) with dialect groups, (2) with administrative regions, (3) without

regional clustering. We hypothesized that dialect groups capture regional clustering of infectious diseases mortality better than administrative regions or when no information on regional clustering is provided for all three diseases²⁸.

RESULTS

Overall, our results show that for pertussis the models including dialect groups fitted the data better than the model containing only the municipality or the model containing the regional administrative borders. For smallpox, the best model was the model containing the administrative regions, whereas the control model, i.e., without regional clustering, was the best model for measles. Our results were not confounded by variation in municipalities' surface area, population size, number of villages, or number of households, which were corrected for in all of our models. Neither were they linked to spatial autocorrelation, which was also controlled for in all of our models.

Smallpox

On average, 3.6% (± 0.1 SE) of the total deaths in each municipality were due to smallpox (figures 2a, 3a, table S1). As we found no spatial autocorrelation (Moran's $I < 0.05$), the importance of spatial distance between municipalities in smallpox mortality was low and hence we did not include any PCNM variable in the model (see Methods for details). The results of the model selection indicated that administrative regions clustered smallpox mortality better than the other models: the model including administrative regions was a better fit than the control model containing only municipality ($\Delta AIC = 14.95$), and the model containing dialect groups ($\Delta AIC = 2.46$, tables 1, S2).

Pertussis

On average, 3.9% ($\pm 0.2SE$) of deaths were due to pertussis (figures 2b, 3b, table S1). Controlling for the spatial autocorrelation required the fit of four PCNM vectors thereby indicating a strong importance of distance in mortality patterns. Our results show strong support for dialect groups to cluster pertussis mortality at the regional scale. Indeed, the model including dialect groups fitted the data better than the control model including only municipality ($\Delta AIC=37.32$) and the model including the administrative regions ($\Delta AIC=28.74$, tables 2, S3).

Measles

On average, 2.1% ($\pm 0.1SE$) of total deaths occurring in a municipality were due to measles (figure 2c, 3c, table S1). Models required the fit of two PCNM variables to account for the autocorrelation due to the distance between municipalities. Results of the model selection indicate that among the set of models fitted, the control model containing only municipality fitted the data slightly better than the model including administrative regions ($\Delta AIC=1.89$) and the model containing dialect groups ($\Delta AIC=2.18$, tables 3, S4), thereby indicating that all three models fitted the data almost equally well.

DISCUSSION

Social interactions have a strong impact on epidemiological dynamics, especially for pathogens directly transmitted between hosts of the same species. However, the interplay between social dynamics and epidemiological patterns has often been documented only at a local scale (within groups) but less at the regional one (between groups). The reason for the lack of studies on the regional scale is, at least partly, due to the difficulty of identifying the regional social structure. Here we tested in a pre-industrial human population from Finland whether we could grasp the regional differences in the mortality from childhood infectious diseases using dialect groups. We selected three infectious diseases which are directly transmitted from person to person (through direct

133 contact or airborne droplets) and were leading causes of mortality in children under 15 years old^{15,40}.
 134 We expected a regional structure to exist for these epidemics as previous studies have documented
 135 variation in the spatial distribution of mortality for each disease at the local^{e.g. 12,15}, regional⁴⁴⁻⁴⁸ and
 136 even at the country scale⁴⁹.

137 Contrary to our predictions, our results do not support the hypothesis that regional social
 138 clustering may generally be grasped by linguistic variation but rather highlight disease-specific
 139 patterns. Our study adds to previous studies by documenting the regional spatial distribution of
 140 childhood infectious diseases and its variation between diseases. Acknowledging such variation
 141 emphasizes the need to identify the relevant spatial scale when studying epidemics and can be helpful
 142 when planning public health interventions³².

143 Overall, our ability to compare our results to other studies on regional clustering is limited.
 144 Although spatial structuring of epidemics has been investigated previously, the scale of spatial
 145 clustering, the methodology, the population, and the factors included in the models varied between
 146 studies^{26,50,51}, thereby preventing the identification of the most relevant scale of regional structuring
 147 of epidemics. For instance, although Fridlitzius and Ohlsson⁴⁶ compared the epidemics of smallpox,
 148 pertussis and measles in a similar period in historical Sweden (1750-1800) and reported variation
 149 between regions, they did not investigate which factors could mediate it. Similarly, Ketola et al.¹⁵
 150 found that several local spatial factors (e.g., the number of households or villages in the municipality)
 151 were linked to the spatial variation in childhood mortality from smallpox, pertussis, and measles, but
 152 this study did not study the regional structuring of mortality patterns. More importantly, studies
 153 other than ours investigating which variables best explain the the spatial variation of infectious
 154 diseases are lacking, thereby precluding the comparison and generalization of our results to other
 155 populations.

156 As we study mortality from different pathogens in the same population, variation in regional
 157 spatial structuring is likely to be linked to the characteristics of the pathogen. These differences

between pathogens can result from different processes, in particular variation in transmission or outcome of an infection⁵². The outcomes of infection encompass the risk of individuals dying from an infection and can be measured by the case fatality rate (the proportion of cases of a specified condition that are fatal within a specified time)⁵³. Comparing variation in transmission and outcomes of infection across regions would therefore provide valuable insights to decipher the contributions of these processes and potential mediators to our results. However, this approach is beyond the scope of this study, and we will here only discuss putative mediators of our results for each disease.

Measles mortality was better explained by the model including neither of the regional clustering variables and the difference of fit between models was small, thereby indicating that measles mortality was not strongly regionally structured. As measles is highly contagious ($R_0=12-14$)⁵⁴, a measles epidemic outbreak may contaminate the entire country, which will subsequently lead to limited variation in the relative total death toll of measles between regions. However, spatial variation in the spread and impact of measles may still exist, but would require a study of the spatial spread, such as traveling waves, of the disease to be detected ^{see 55 for an example}.

Surprisingly, the model with administrative regions was a better fit to smallpox data than those including dialect groups. However, the difference in fit between the model with administrative regions and dialect groups was quite small, which indicates more broadly a regional structuring of smallpox epidemics. One possible hypothesis is that the smallpox vaccination campaign in Finland may have been linked to the administrative structure of Finland, which could have led to smallpox mortality patterns following Finnish regional divisions. Smallpox vaccinations began in Finland in 1802, and by 1825, the country was divided into vaccination districts^{56,57}. Although detailed comparison of vaccination coverage between regions during our study period is currently lacking^{56,57}, a previous study examining a subset of Finnish parishes (1837-1899) highlighted variation in vaccination coverage between parishes⁴¹.

Our hypothesis that linguistic variation is a relevant proxy to structure variation in mortality was supported for pertussis. Studies focusing only on transmission (e.g. in measles²⁷, smallpox⁴⁵ or influenza⁵⁸) successfully managed to explain the spatio-temporal dynamics of infectious diseases, thereby suggesting that variation in transmission patterns may mediate this result. This interpretation is also in line with studies on the same period and area: indeed Ketola et al.¹⁵ found that the factors associated with disease spread (e.g., population density, and sub structuring of the population to villages and households) explained the local spatial distribution of mortality from infectious diseases. This could indicate that linguistic areas may represent a contact network through which infections could spread. Furthermore, a key difference between pertussis and the other two infections, is that pertussis is to a large extent transmitted by teens and adults because of waning immunity after natural infection^{59,60}. Conversely, measles and smallpox mostly occur in children under 5 years and confer long-lasting immunity³⁹. As older individuals are more likely to move across Finland, their movements may lead to regional scale spatial structuring of epidemics from pertussis whereas local spatial structure may be more important for the other diseases studied. In addition to variation in transmission, our results could be linked to factors specific to each dialect area and thereby being driven by differences in mortality rates from infections between dialect regions. Indeed, some group characteristics (e.g., variation in environmental conditions, food resources, population characteristics such as density, genetics or cultural dimensions), may shape the variation in mortality from pertussis^{61,62}. For instance, a study focusing on Finnish dialect groups and other cultural (e.g., presence of slash-and-burn agriculture, chimneyless huts) and environmental features (e.g., percentage of land area covered by lakes or clay soil) identified a correlation between differences in dialects and differences in cultural traits³⁸. However, studies investigating the correlation between dialect areas and ecological or cultural variables are currently lacking and remain to be explored.

Overall, the strong variation of regional structuring between diseases highlights the need for comparative studies to deepen our understanding of factors linked to spatial structuring. Therefore,

207 future studies could build on this work to closely investigate the regional structuring of similar
208 diseases in other populations and investigate whether some specific characteristics of these areas
209 may impact survival from infectious diseases.

210

211 **RESOURCE AVAILABILITY**

212 **Lead contact**

213 Requests for further information and resources should be directed to and will be fulfilled by the lead
214 contact, Aïda Nitsch (ainitsch@proton.me).

215

216 **Material availability**

217 This study did not generate any new materials.

218

219 **Data and Code Availability**

- 220 • Data have been deposited at OSF and are publicly available as of the date of publication.
221 Accession numbers are listed in the key resources table.
- 222 • The code has been deposited at OSF and is publicly available as of the date of publication
223 at: doi.org/10.17605/OSF.IO/C76DQ.
- 224 • Any other items reported in this manuscript are available from the lead contact upon
225 request.

226

227 **LIMITATIONS OF THE STUDY**

228 The study dataset is limited to a specific period and location, which limits the generalisation of our
229 findings to other populations. Furthermore, as we the study the total mortality over a period of 50
230 years, it is not possible to study the factors underpinnings our results.

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AUTHOR CONTRIBUTIONS

Conceptualization: M.B.; Resources: M.B., T.H., T.K., V.L., O.V.; Data curation: A.N., Statistical analyses: A.N.; Writing-original draft: A.N.; Writing-review and editing: M.B, T.H., T.K., V.L., A.N., O.V., Supervision: M.B., V.L. All authors were responsible for the final version of the manuscript.

DECLARATION OF INTEREST

The authors declare no competing interests.

FIGURES AND SCHEME LEGENDS

Figure 1. Maps of historical Finland divided into (a) eight administrative regions in 1831 and (b) fourteen dialect groups of the Finnish language, as identified by Honkola et al (2018) for municipalities included in the analyses (n=215). Municipalities in white were excluded from the analyses because they represent transitional dialect areas, Swedish-speaking or Saami-speaking areas or due to incomplete data coverage.

Figure 2. Proportion of total deaths owing to (a) smallpox; (b) pertussis and (c) measles in each municipality (n=215).

Figure 3. Averaged proportion of total deaths owing to (a) smallpox; (b) pertussis and (c) measles in each dialect group (n=14).

TABLES

Table 1. Summary of the best a priori models on the proportion of deaths in each municipality (n=215) due to smallpox including the total number of estimable parameters (K), the log-likelihood (LogLik), AIC differences relative to the minimum value in the model set (Δ AIC), the Akaike weight (w_i), and the coefficient of determination of the model (R^2). See Methods for details on each analysis and associate set of candidate models, and the Supplements for the model estimates of each variable (table S2).

Models	K	Log Lik	Δ AIC	w_i	R^2
Control + Administrative Region	7	-1185.2	0.00	0.77	0.0033
Control + Dialect Group	7	-1186.5	2.46	0.23	0.0028
Control	6	-1193.8	14.95	0.00	4.00E-04

Table 2. Summary of the best a priori models on the proportion of deaths in each municipality (n=215) due to pertussis including the total number of estimable parameters (K), the log-likelihood (LogLik), AIC differences relative to the minimum value in the model set (Δ AIC), the Akaike weight (w_i), and the coefficient of determination of the model (R^2). See Methods for details on each analysis and associate set of candidate models, and the Supplements for the model estimates of each variable (tables S3).

Models	K	Log Lik	Δ AIC	w_i	R^2
Control + Dialect Group	11	-1163.6	0	1	0.01
Control + Administrative Region	11	-1178	28.74	0	0.0058
Control	10	-1183.4	37.32	0	0.004

Table 3. Summary of the best a priori models on the proportion of deaths in each municipality (n=215) due to measles including the total number of estimable parameters (K), the log-likelihood (LogLik), AIC differences relative to the minimum value in the model set (Δ AIC), the Akaike weight (w_i), and the coefficient of determination of the model (R^2). See Methods for

280 details on each analysis and associate set of candidate models, and the Supplements for the model
 281 estimates of each variable (tables S4).

Models	K	Log Lik	ΔAIC	w_i	R^2
Control	8	-1006.5	0	0.58	0.001
Control + Administrative Region	9	-1006.4	1.89	0.23	0.0011
Control + Dialect Group	9	-1006.5	2.18	0.20	1.00E-03

282

STAR METHODS

STUDY POPULATION

We combined two previously published datasets to investigate whether the spatial variation in mortality to infectious diseases at the regional scale could be explained by the dialect groups. The first dataset documents the mortality owing to smallpox, pertussis and measles across 19th century Finland¹⁵ and the second presents the dialect groups of Finnish^{38,43}. As these datasets have been described and analysed in detail elsewhere, we will only summarise them briefly here.

The mortality dataset was a subset from a large demographic dataset on historical Finnish populations used previously in Ketola et al.¹⁵ and in Briga et al.^{40,63}. Since 1749, each parish was obliged by law to document all births, deaths, causes of death, marriages and movements between parishes in the whole country^{64,65}. The original parish records have been digitized by the Genealogical Society of Finland and are available at <http://hiski.genealogia.fi/historia/indexe.htm>. For each deceased, the church record included information on the date of death, the cause of death, the date of burial, the identity of the deceased and the parish of residence (hereafter referred to as *Municipality*).

In our study, we focused on three infectious diseases, smallpox, pertussis and measles, as their diagnosis is generally reliable due to distinctive symptoms^{15,47}. However, the church records had a variety of ways how these diseases were registered in the records. Following Vuorinen⁶⁶, two authors (M.B. and T.K.) independently identified the causes of death (>50,000 different causes in the initial church records from the Genealogical Society of Finland) by combining typographical variants, abbreviations and synonyms of diseases in the different languages used (Finnish, German and Swedish) and obtained the same classification (data not shown). We limited the study period between 1800 and 1850 in order to maximise the number of municipalities that had records every year¹⁵. Only municipalities with at least one death documented in each year of the study were kept in the study dataset. Our study period is set before the spread of industrialism, urbanisation, the

308 transition to reduced birth and mortality rates. Vaccination against smallpox started in 1802 in
 309 Finland and access to modern health care started to take place in the late 19th century⁶⁷. The study
 310 populations mostly depended on farming for their livelihood and were supplemented with fishing in
 311 the coastal areas. Regional variation across different dimensions has been documented, including in
 312 environmental and ecological conditions^{38,68,69}, genetic structure⁷⁰, household structure^{71,72}, cultural
 313 practices⁷³ or economic conditions^{74,75}. Overall, the standard of living was low with both famines and
 314 diseases common⁴⁸. Population reconstructions estimated an increase in the Finnish population from
 315 1 million to 1.5 million over the study period (1800-1850)⁷⁶.

316 During this period, municipalities located above the Arctic Circle were mostly inhabited by
 317 Saami, who were mostly depending on reindeer herding, fishing and hunting for their livelihood. As
 318 these populations spoke Saami languages⁷⁷, these municipalities were excluded from the study⁷⁸.
 319 When different parishes were part of a larger town, they were grouped to represent the same
 320 administrative unit (i.e., Turku, Viipuri, Helsinki, Heinola, Jyväskylä, Kuopio and Sortavala).
 321 Additionally, we used information on the demographic conditions of each municipality (population
 322 size, number of villages, number of households and municipality surface area) to control for their
 323 documented effect on disease dynamics¹⁵.

324 The dialect group data used in this study is from Honkola et al.³⁸. The initial linguistic data
 325 were extracted from the Dialect Atlas of Finnish, which represents linguistic variation of the Finnish
 326 language in each Finnish-speaking municipality in the beginning of the 20th century⁷⁹. The digitised
 327 atlas is archived in the Fairdata-service⁸⁰ and a modified version is available in Santaharju et al.⁸¹.
 328 Using an analytical framework from population genetics, Honkola et al.³⁸ clustered the linguistic
 329 variation between 471 municipalities into 14 dialect groups. Each municipality obtained a set of
 330 membership coefficients (a value of Inferred Cluster (IC) ranging from 0 to 1) to each dialect group
 331 which can be interpreted as a percentage of membership to each dialect group^{38,43}. Following
 332 Honkola et al.³⁸, we only included municipalities where the IC-value was above 0.75 (a municipality

dialect with an IC value of at least 0.75 to one specific dialect) in order to have reliably distinct dialect groups. Transitional areas between dialect groups were thus excluded from the dataset. Additionally, as the Dialect Atlas focuses on Finnish dialect data, the Swedish speaking municipalities were excluded from our study (western and southern coast of Finland). Honkola et al.³⁸ also contained data on historical administrative borders (national, bishopric and provincial borders) from ca. year 1250 to 1895. The provincial borders usually divided Finland into four or more administrative areas, whereas there were four or fewer bishopric areas. To capture the regional level of the administrative areas, we decided to use provincial borders from 1831 in our study. It divided Finland into eight provinces (referred to as *regions* in this study) and matched with the time period of the mortality dataset (the next change in provincial divisions took place in the early 20th century)⁸².

When merging the two sources, we only included municipalities which had information on both mortality and the dialect group. We obtained a dataset comprising 215 municipalities divided into 14 dialect groups and 8 administrative regions (Figure 1). It contained a total of 890,684 registered deaths of which 39,066 were due to pertussis (4.4% of all registered deaths), 33,697 to smallpox (3.8%) and 19,621 to measles (2.2%).

QUANTIFICATION AND STATISTICAL ANALYSIS

We tested which model would best explain variation in mortality from three different infectious diseases in Finland in 1800-1850. The dependent variable was the proportion of deaths due to a specific disease per municipality relative to the total number of deaths recorded in this municipality: it was treated as a binomial factor (deaths due to a specific disease vs all other causes of deaths). We fitted separate models on each disease (smallpox, pertussis and measles), as the relevance of dialect groups to cluster infectious disease mortality risk may vary between infections. We fitted Generalised Linear Mixed Models (GLMMs) with a binomial error structure and a logit link function.

358 As we did not focus on temporal dynamics here (see Briga et al.⁶³ for an example), time dependency
 359 was not explicitly modelled and our estimates refer to average risks over the 50-year period
 360 (following Ketola et al.¹⁵).

361 For each disease, we considered a set of 3 models: (1) a control model, *Control*, without
 362 information about regional clustering. This model tested if the municipality-wise variation in
 363 mortality could be explained only with information about demographic characteristics of each
 364 municipality (see details below), the spatial autocorrelation components when needed and the
 365 random term *Municipality*, (2) a model testing the relevance of administrative areas where
 366 *Municipality* was nested within the administrative region: *Control + Municipality/Region*, (3) a model
 367 testing the relevance of dialect groups where the *Municipality* was nested within the dialect group:
 368 *Control + Municipality/Dialect group*.

369 Each model included the following control variables. To avoid regional clusters reflecting
 370 municipality-level demographic characteristics, we included municipality population size, number of
 371 villages, number of households and municipality area as fixed factors in all models documented in
 372 Ketola et al.¹⁵ and municipality as a random intercept to account for the potential dependency of
 373 deaths occurring in the same municipality. All continuous variables were standardised with a mean
 374 of zero and a standard deviation of one.

375 Following Ketola et al.¹⁵, when model residuals indicated spatial autocorrelation (Moran's I
 376 $p < 0.05$, package *ape*)⁸³, we corrected it using the PCNM approach⁸⁴ as implemented in the package
 377 *vegan*⁸⁵. This method consists of sequentially adding to a statistical model a number of fixed
 378 covariates which grasp the spatial autocorrelation structures and reran this model until no spatial
 379 autocorrelation could be detected in the model residuals (Moran's I $p < 0.05$). The PCNM approach
 380 is commonly used in ecology and epidemiology to correct for autocorrelation structures and its
 381 robustness has been confirmed by simulations⁸⁶. For each disease, we initially ran a model including

only the control variables to determine the PCNM variables necessary. In our models, we initially obtained 115 PCNM variables and sequentially added a model-specific number of variables until there was no further spatial autocorrelation (see Results for details). The distribution of model residuals was checked with the R package *DHARMa*⁸⁷ and it fulfilled the requirements of homoscedasticity and was without influential datapoints.

After defining for each disease the PCNM variables required to correct for spatial autocorrelation, we used AIC model selection techniques (R package *MuMIn*)⁸⁸ and an a priori model set corresponding to the different hypotheses tested (see above). These models were ranked according to their goodness-of-fit to the data based on the Akaike Information Criterion (AICc)⁸⁹⁻⁹¹. The difference in AIC (ΔAIC) between the model with the lowest AIC (considered as the best model) and the other models provides a measure of how much more likely the best model is than the other models. Following Symonds and Moussalli⁹¹ and Burnham et al.⁹², a difference in ΔAIC values above 2 indicates a difference in fit between models. For each fixed variable, we calculated the 95% confidence interval of the estimate (CI95%) to investigate the importance of its effect. When the CI95% overlaps zero, it indicates that the variable is not systematically associated with a higher or lower risk of dying from the disease investigated. For each model, we calculated the proportion of variance explained (R^2 , the coefficient of determination) with the package *partR*⁹³. All statistical analyses were conducted on R software v.4.2.1⁹⁴ using generalized linear mixed effects models (GLMMs) function *glmer* in the package *lme4*⁹⁵.

SUPPLEMENTAL INFORMATION TITLES AND LEGENDS

Table S1. Descriptive statistics of dialect groups. Related to Figure 1.

Table S2. Proportion of total deaths due to smallpox for each municipality (n=215):

averaged estimates and their 95% confidence intervals of the models including (a) municipality; (b) municipality and regions; (c) municipality and dialect groups as random factors. Estimates correspond to z-standardised values. See Methods and Table 1 for details of the model selection results. Variables with a 95% confidence interval not including 0 are highlighted in bold. Related to Table 1.

Table S3. Proportion of total deaths due to pertussis for each municipality (n=215):

averaged estimates and their 95% confidence intervals of the models including (a) municipality; (b) municipality and regions; (c) municipality and dialect groups as random factors. Estimates correspond to z-standardised values. See Methods and Table 1 for details of the model selection results. Variables with a 95% confidence interval not including 0 are highlighted in bold. Related to Table 2.

Table S4. Proportion of total deaths due to measles for each municipality (n=215):

averaged estimates and their 95% confidence intervals of the models including (a) municipality; (b) municipality and regions; (c) municipality and dialect groups as random factors. Estimates correspond to z-standardised values. See Methods and Table 1 for details of the model selection results. Variables with a 95% confidence interval not including 0 are highlighted in bold. Related to Table 3.

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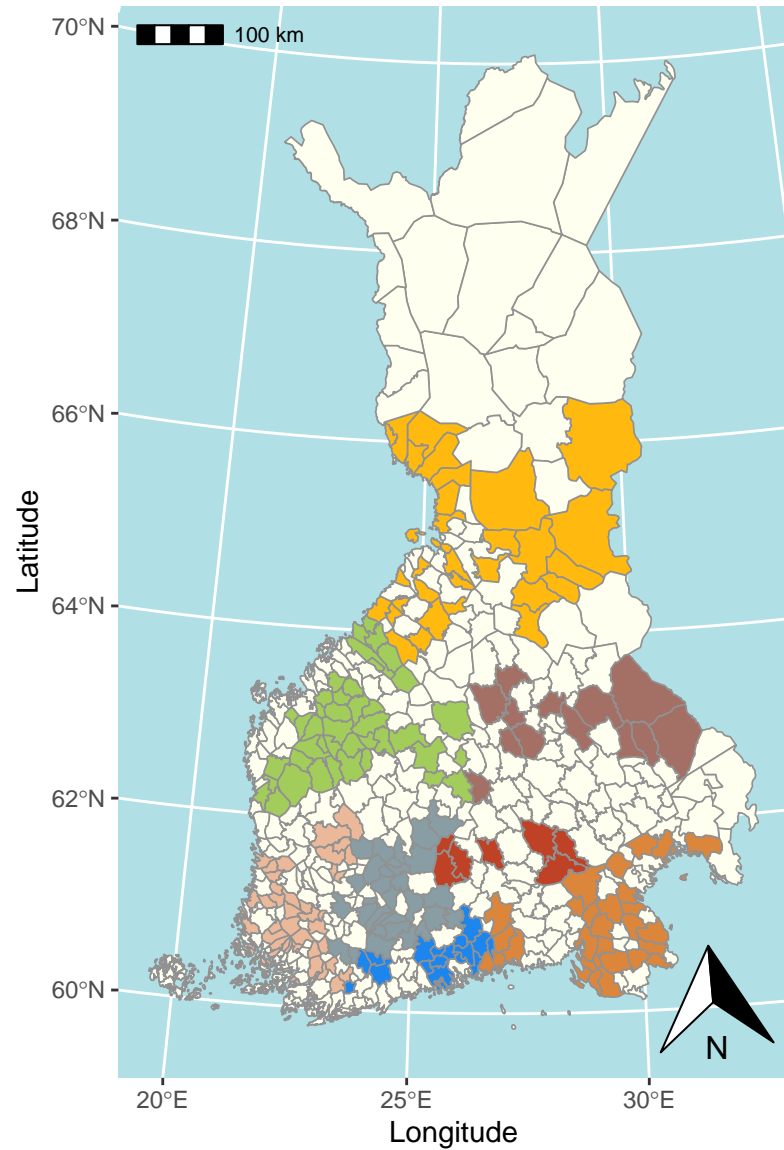
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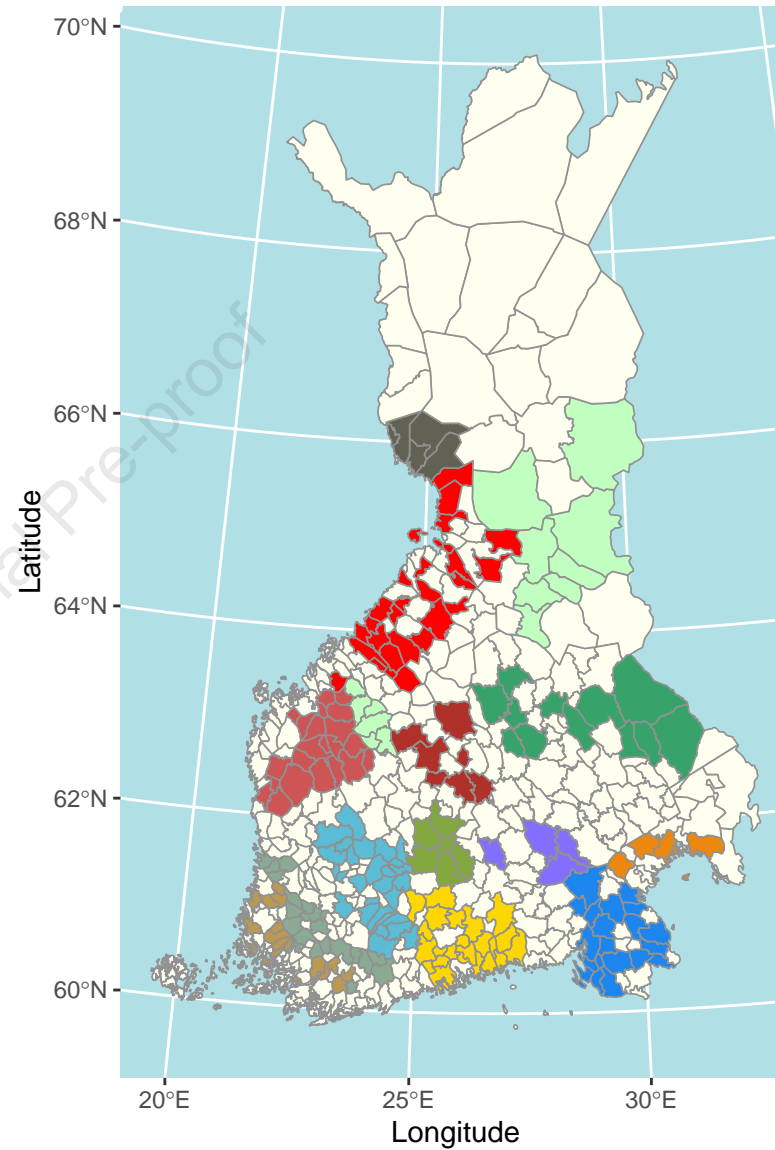
(a) Administrative regions in Finland in 1831



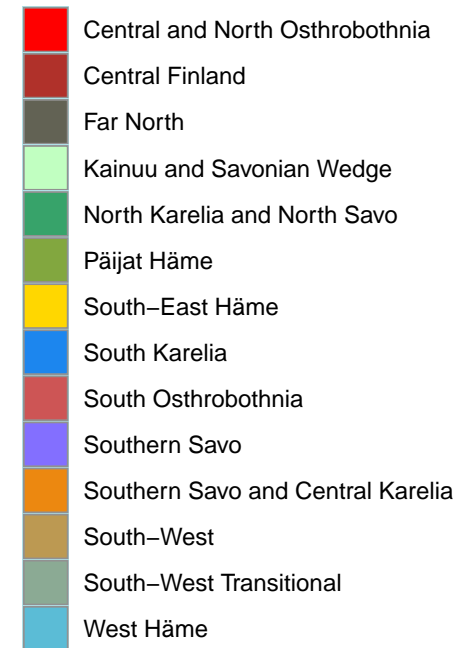
Administrative regions



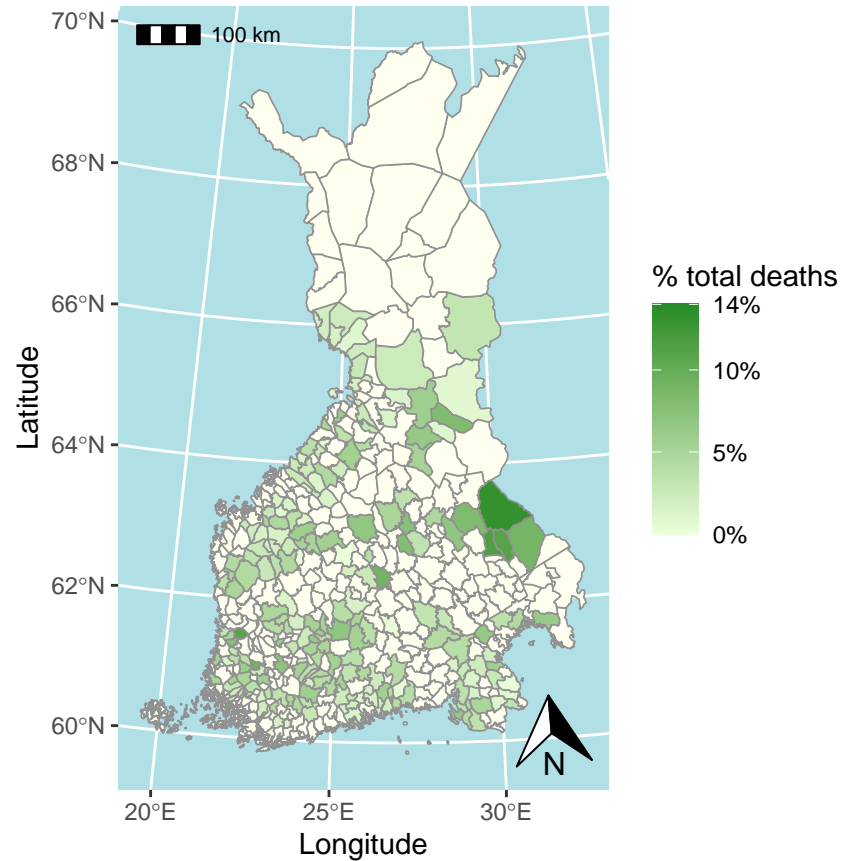
(b) Dialect groups of the Finnish language



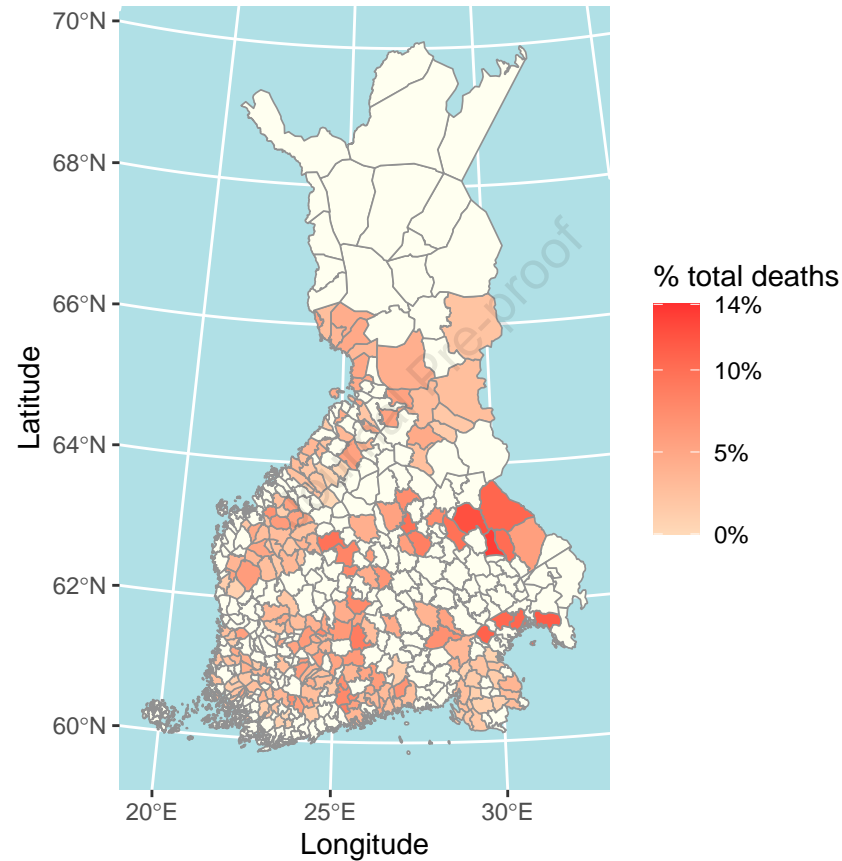
Dialect groups



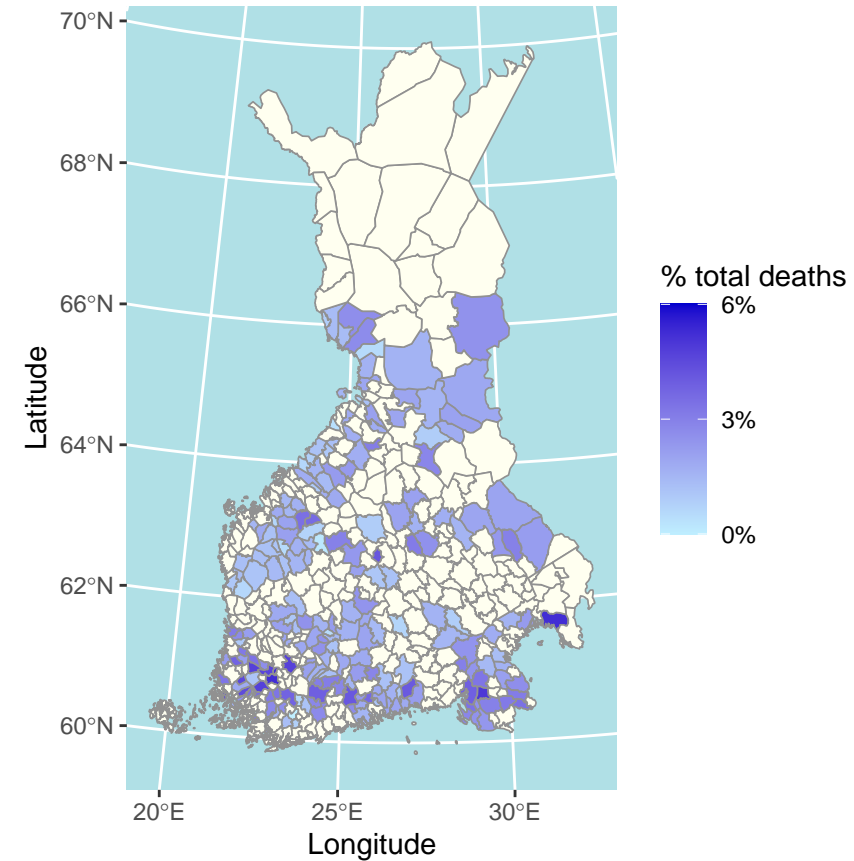
(a) Smallpox



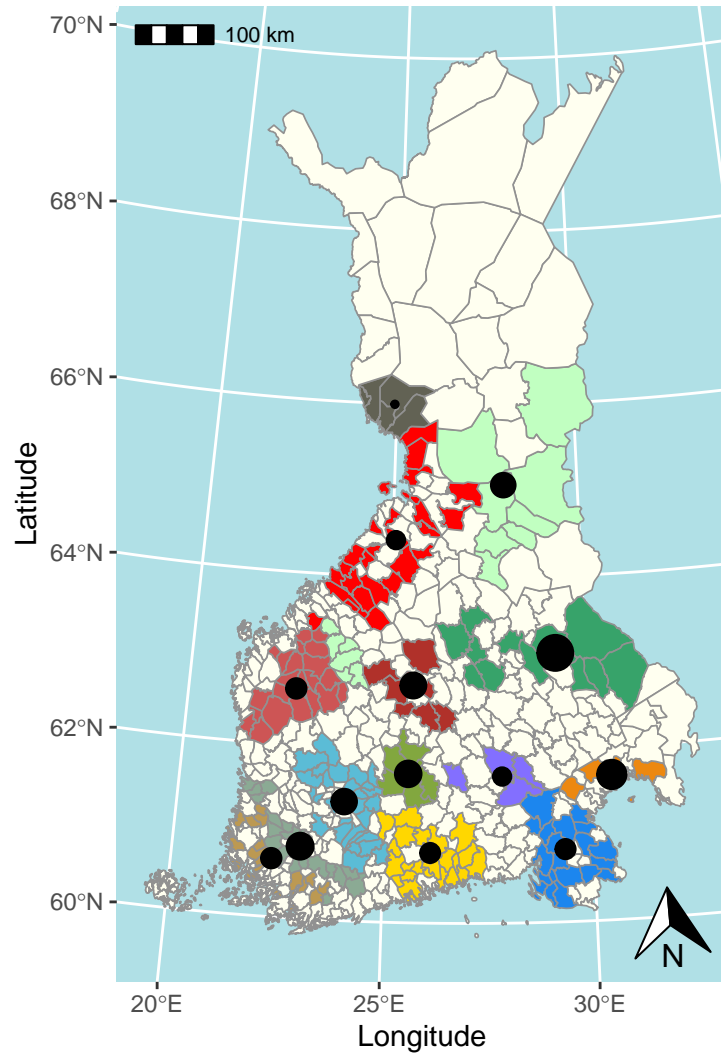
(b) Pertussis



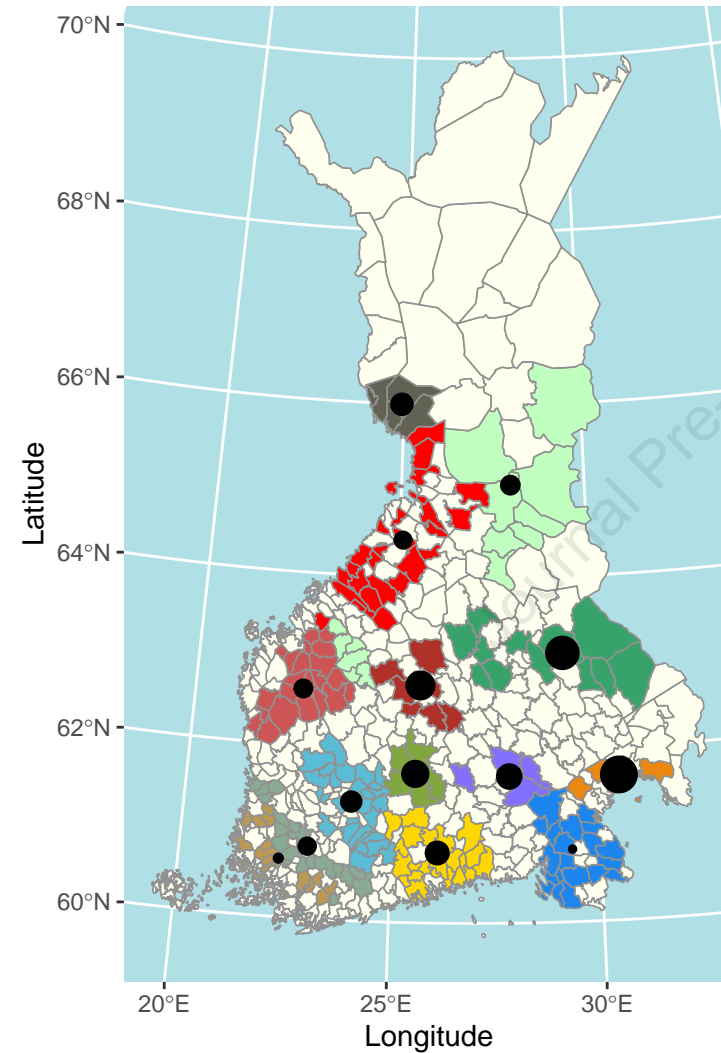
(c) Measles



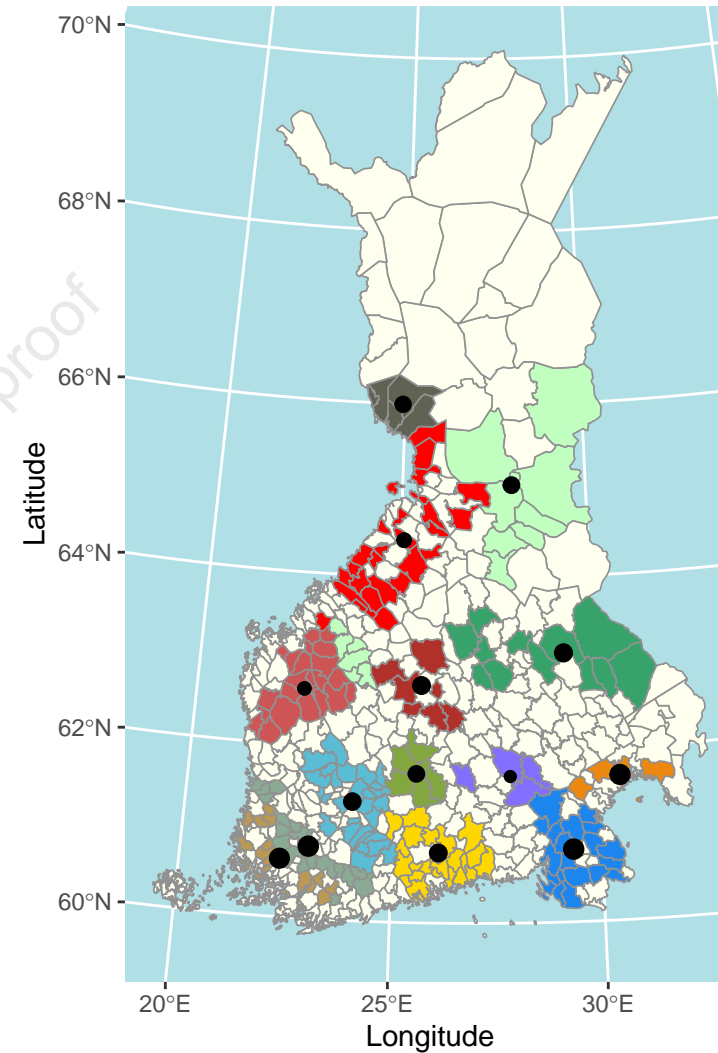
(a) Smallpox



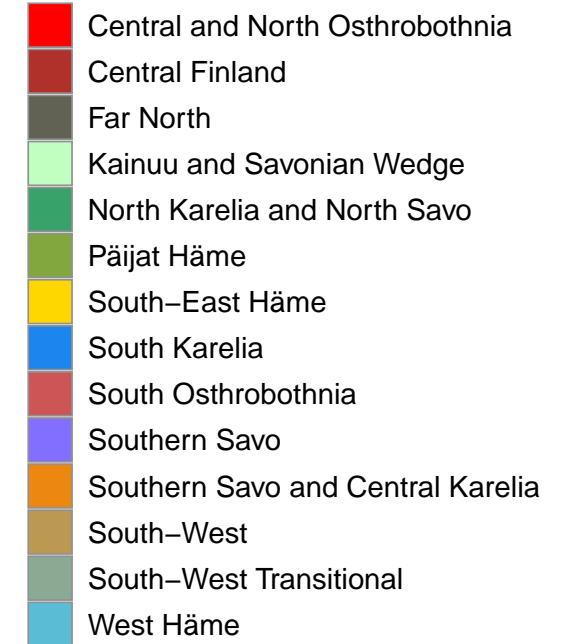
(b) Pertussis



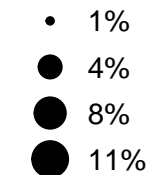
(c) Measles



Dialect groups



% total deaths



RESEARCH HIGHLIGHTS

- The regional structure of diseases is critical to understand their dynamics
- Using dialect groups instead of administrative regions may be a better proxy
- We analysed mortality records from Finland (1800-1850) for 3 infectious diseases
- The best proxy was dialect for pertussis, regions for smallpox, none for measles

Key resources table

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Deposited data		
Data	OSF	doi.org/10.17605/OSF.IO/C76DQ
Code	OSF	doi.org/10.17605/OSF.IO/C76DQ
Software and algorithms		
R software v4.2.1	R Core Team	https://cran.r-project.org/